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Healthy Recipes: Healthy Eating (Paperback)

By M Smith, R King

Createspace Independent Publishing Platform, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.About this Healthy Recipes Book: This is the paperback version of the popular recipe book, Healthy Recipes. This book is full of delicious Healthy Recipes for the family and will please even the most finicky eaters. Inside you ll find 50 hand picked recipes that are made to please everyone. Also included are 50 healthy recipes that will help you make perfect meals everytime. You ll also get information on our famous CopyCat Restaurant Recipes. Save time and money. Get your copy today and begin enjoying great recipes while eating more healthy today. Table of Contents: Tips for Healthier Eating Absolutely Almond Cookies All Vegetable Smoothie Almond Drop Biscuits Apple Beet Salad Baked Cheddar Cheese Slices Baked Sesame Seed Fish Bean and Tuna Platter Better for You Chili Brown Mustard Beef Roast Browned Scallops in Sauce Butternut Apple Mash Caribbean Cantaloupe Salad Carrot Zucchini Almond Salad Cashew Hot Cereal Cherry Berry Citrus Salad Chicken Pepper Tortillas Cinnamon Applesauce Waffles Coconut Lime Drink Crab Stuff Devilled Eggs Creamy Light Cole Slaw Creamy Shrimp Cucumber Salad Garlic Laced Croutons Gingered Honey Dew...



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