



Trap - Pass - Move, Coach Dad's Guide to Better Soccer: Youth Soccer Training, Drills Games (Paperback)

By Jeff Kight

White Dog Publishing, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Pass - Trap - Move is a youth soccer coaching system developed over ten years of coaching and researching youth soccer and futsal. It's not rocket science just common sense, focus on teaching the core soccer skills that make up most of a soccer game. For those with little soccer knowledge that may look like dribbling, it's not. It may look like shooting, it's not. Ten years ago I started helping coach my oldest son in soccer mainly because his coach knew virtually nothing about the sport. He was a dad like me our difference was that I enjoyed the game and had some history playing. There are thousands of such parents across the United States, that's who this book is for. It's also for coaches like me who constantly search for more and better drills and games, concepts and statistics, even psychology, that could help us do a better job. Inside there are suggested practice schedules for u6-u14 and beyond. The focus of each practice are the core skills that every soccer player must develop...



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