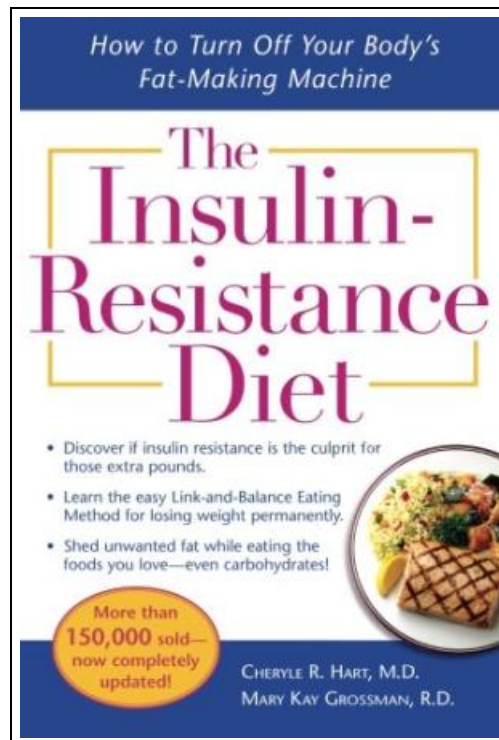


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THE INSULIN-RESISTANCE DIET: HOW TO TURN OFF YOUR BODY'S FAT-MAKING MACHINE (REVISED AND UPDATED 2ND ED)



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