

Coaching Kids and Parents: Baseball Fundamentals



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Reviews

This book is really gripping and intriguing. it was writtern very perfectly and beneficial. I am easily will get a enjoyment of looking at a created ebook.

(Jaeden Stiedemann Sr.)

COACHING KIDS AND PARENTS: BASEBALL FUNDAMENTALS



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Createspace, United States, 2012. Paperback. Book Condition: New. 274 x 212 mm. Language: English . Brand New Book. From Tball to Little League to High School baseball, thousand of parents support their kids in the sport. The challenge and frustration for so many parents lies in wanting to help their kids with the techniques of the game but often they lack the knowledge of baseball fundamentals themselves. Even many volunteer coaches don t possess a comprehensive understanding of the basics nor does a coach have enough practice time to focus on complete skill development for each individual player. Parents recognize that it s up to them to help their child develop these skills apart from team practice time, but how? Suitable to help players ages 6-18, Coaching Kids and Parents, Baseball Fundamentals is a simple step by step guide to the basics of baseball. It takes each position and technique and breaks each one down into an individual progression that is quickly learned by the parent or coach and easily taught. Take hitting for example, simplified into 4 parts: .Bat Selection .Grip .Stance .Swing Each part is then explained in short, easy to follow steps complete with photographs. In as little as 5 minutes any parent or coach can grasp the basic fundamentals of any position or technique and begin to coach it. You will learn the answers to these questions: Is the hitting stance correct? What 3 things does a young pitcher need to develop? What are the important points of base running? What do you do in a run down situation? Who provides backup in covering bases? Who quarterbacks the outfield? This book equips parents to help their child in their own backyard or at the park. Players who develop their skills outside of team practice contribute more...



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