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The New Family Cookbook for People with Diabetes

By American Diabetes Association, The American Dietetic Association

SIMON SCHUSTER, United States, 2007. Paperback. Book Condition: New. Revised ed.. 226 x 185 mm. Language: English . Brand New Book. Great-Tasting Food for People with Diabetes and their Families Revised and updated to reflect the latest recommendations from The American Diabetes Association and The American Dietetic Association, The New Family Cookbook for People with Diabetes remains the most authoritative and comprehensive resource available for people with diabetes and their families. With more than 370 healthful and flavorful recipes accompanied by complete nutritional analysis, this book makes it easy to prepare satisfying and delicious meals that the whole family will enjoy. RECIPES INCLUDE: Whole Wheat Blueberry Rice Pancakes - Baked Orange French Toast Black Bean and Cilantro Spread - Honey-Mustard Chicken Wings Curried Chicken Salad - Marinated Skirt Steak with Vegetable Chutney Lamb Over Minted Couscous - Italian Turkey Sausage with Peppers and Onions Baked Salmon with Horseradish Mayonnaise - Sugar Snap Peas with Basil and Lemon Baked Potato Skins - Rum Baked Black Beans - Apple Raspberry Crisp Port-Poached Pears - New York Cheesecake - Raisin Rice Pudding.


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