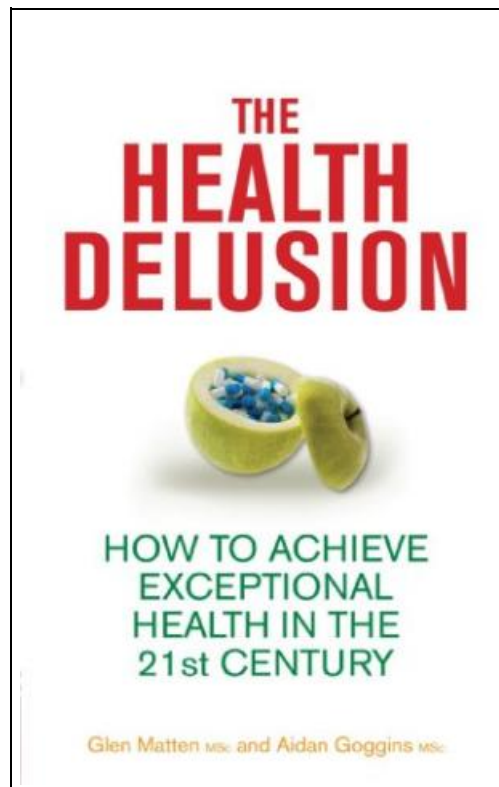


## The Health Delusion: How to Achieve Exceptional Health in the 21st Century



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