



Awakening the Miracle of You: Affirmations for your life (Paperback)

By Judith Collins

Hachette Australia, Australia, 1950. Paperback. Condition: New. Language: English . Brand New Book. You are a miracle waiting to happen. When everyday life seems tiring, unfulfilling or just plain hard, it can be almost impossible to believe that anything will change. Life is so full of tasks to be ticked off that finding a moment of peace, let alone living a spiritual life, may never figure on your list. But it's when life is like this that it's even more important to awaken the miracle of you. In this inspiring book, Judith Collins has created a 52-week course of affirmations to help you develop long-term self-awareness and growth. You do not need to have practised affirmations or meditation before to benefit from the wisdom inside. AWAKENING THE MIRACLE OF YOU also contains affirmations to help you deal positively with specific challenges that can occur in life, including career change, pain management, stress relief, childlessness, fear and mourning. Uplift, heal and affirm yourself, day by day.



READ ONLINE
[5.87 MB]

Reviews

A top quality publication along with the font used was intriguing to read. I really could comprehend everything using this written e book. Its been designed in an remarkably straightforward way and it is only after i finished reading through this publication by which basically altered me, modify the way i believe.

-- Cathrine Larkin Sr.

Very useful to all of group of people. I actually have read through and so i am certain that i will planning to study yet again once again down the road. I am just very easily can get a satisfaction of looking at a created book.

-- Mark Bernier