



Get Unstuck: 10 Tools of Wisdom That Help You Achieve Greater Love, Energy and Growth (Paperback)

By Terry Belmont

Movement Publishing, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Are You Stuck? Do you have a feeling that you and your life could be so much more? Do you know you want a change in your life, but you do not know how or where to start? Do you need inspiration, insightful advice, and a proven set of actionable tools? This practical and inspiring book will help you with that! When one loses a clear direction in life, it's easy to get stuck. The reasons why we get stuck will differ, but the answers we seek to become unstuck are universal. We, Nina and Terry, walked the Camino de Santiago, the 500-mile trail in northern Spain where people from all over the world walk, experience, and connect as they follow the yellow arrows. These arrows point out the clear directions on one's journey. In this book we share our own stories as well as stories from people all over the world about how we all managed to transition from a frozen situation into a new fulfilled life. We have gathered the wisdom into 10 powerful and actionable tools that will...



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