



A Dark Path to Light Book: The Story of Alex Broches and How He Overcame Severe Depression on His Own Terms. (Paperback)

By Alex C Broches

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Alex has been through hell and back. His story is an inspiration to me on not only survival but how to thrive from the middle of darkness - James Altucher Best Selling Author Venture Capitalist A gripping true-life tale of one young man s journey from poverty, isolation and desperation to health, happiness and financial success. Nine-year-old Alex Broches life is suddenly turned upside down when his father is arrested for a shockingly violent crime, sending his family on a downward spiral of shame, fear and even bouts of homelessness. An outcast at school, Alex finds solace in figuring out ways to make money to support his family. But early success turns into spectacularly public failure and humiliation, sending Alex into a depression so deep he plans his own suicide. But that night in the woods, with a rope in his hands, something happens that he never imagined. It is that something that leads him on a path from the darkness into the light. That night in the woods, would change Alex s life - Forever. (Alex has been featured on...



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