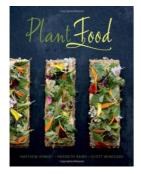
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# PLANT FOOD (PAPERBACK)



Gibbs M. Smith Inc, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book. Fresh, seasonal, vibrant cuisine The Matthew Kenney team, always on the forefront of culinary innovation, offers up their latest techniques and approaches to raw food dining. This cookbook guides you to prepare raw foods in a contemporary, artistic manner utilizing the best ingredients. The recipes are grouped by method: found, let, sprouted, spun, dried, smoked, sealed, cured, pressed, fermented, aged, sweetened, blended, and juiced,...

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- Authored by Matthew Kenney, Stacey Cramp
- Released at 2014



#### Reviews

A whole new electronic book with an all new viewpoint. Of course, it really is enjoy, nonetheless an amazing and interesting literature. Once you begin to read the book, it is extremely difficult to leave it before concluding.

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