



## The Healing Wisdom of Birds: An Everyday Guide to Their Spiritual Songs and Symbolism

By Lesley Morrison

Llewellyn Publications, U.S. Paperback. Book Condition: new. BRAND NEW, The Healing Wisdom of Birds: An Everyday Guide to Their Spiritual Songs and Symbolism, Lesley Morrison, As spiritual guides, otherworldly allies, and magical companions, birds have been revered for millennia. This comprehensive encyclopaedia of bird spirituality explores the rich beliefs and practices surrounding the winged ones - and how these venerated creatures can guide us today. Drawing on mythology and traditions of worldwide shamanic cultures - from modern times to the Bronze Age - this book examines avian spirituality from all angles: what birds have symbolized through the ages and why; bird deities from Aphrodite to the Hindu goddess Saraswati; their presence in ancient cave art, shape-shifting rituals, magic practices, and religion; and, the unique relationship birds share with shamans and other magical people. From the five stages of soul alchemy to finding your bird totem, "The Healing Wisdom of Birds" offers practical ways to connect with these sacred creatures.



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