

## A Study Of Self Efficacy Among Secondary School Teachers



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## A STUDY OF SELF EFFICACY AMONG SECONDARY SCHOOL TEACHERS



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Condition: New. Publisher/Verlag: LAP Lambert Academic Publishing | Self-efficacy is a belief system which indicates the person's belief in accomplishing a task than the actual capability for accomplishing of that particular of task. The concept of self- efficacy has been proposed by Albert Bandhura on the premise that individuals create and develop self perception of capability that become instrumental to the goals they pursue and to the control they exercise over their environments. Further Bandhura (1986) proposed a view of human food functioning that laid stress on the role of self- referent beliefs. In the Socio-cognitive perspective, individuals are viewed as productive and self regulating rather than as reactive and controlled by biological or environmental forces. Also in this view, individuals are understood to possess self-beliefs that enable them to exercise a measure of control over their thoughts, feelings, and action. In all, Bandhura painted a portrait of human behavior and motivation in which the beliefs that people have about can often be better predicated by the beliefs they held about their capabilities, which he called self- efficacy beliefs. | Format: Paperback | Language/Sprache: english | 116 pp.



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