

The Health of the Teacher (Classic Reprint)

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THE HEALTH OF THE TEACHER (CLASSIC REPRINT)



Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English Brand New Book ***** Print on Demand *****. Excerpt from The Health of the Teacher So true is this that any physician with a considerable practice among teachers assumes when seeing a new patient in his office for the first time that probably the trouble is one of a small definite list. From some ills, teachers almost never suffer. This book is the outgrowth of early studies in physiology and hygiene and medical training followed by thirty years of educational experience. For its material, whether theoretical, clinical or consultative, it must speak for itself. The text is based upon systematic lecture courses given for many consecutive summers in the College of Wooster, Denison University, and the Cleveland School of Education. I sincerely hope that it will help its readers to get well and to keep well through more intelligent resistance to the physically destructive influences of next to the most severe of all learned occupations. Medicine alone has more trials, though not a higher death rate. The inner purpose of the book is to help teachers maintain health despite the necessity to accommodate themselves often to seriously unhealthy surroundings and regimen. It is, however, well for us all to remember that there are other occupations with yet greater difficulties to be met and overcome such as medicine, nursing, home management on a farm and some lines of factory, store and office employment. Let us, therefore, try to endure with healthy cheerfulness what for the present perhaps we cannot change. And let us not imagine that from the point of view of hygiene or of any other art or science, even the best of modem schoolhouses or the latest of modern school courses and programs is a...

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