



How to Box

By Joe Louis

Paladin Press, United States, 2009. Paperback. Book Condition: New. 274 x 208 mm. Language: English . Brand New Book. In words, diagrams, and action photographs, Joe Louis who was named the greatest heavyweight champ of all time by the International Boxing Research Organization in 2005 explains the techniques he successfully used in his boxing career. There can be no greater authority to write a book on this subject than the Brown Bomber, who held the World Heavyweight Championship for 11 years and successfully defended the title 25 times, both heavyweight records. Paladin Press is pleased to offer this classic old-school boxing title, which was originally published in 1948, to a whole new generation of enthusiasts eager to learn boxing. Starting with the correct mental attitude and basic training rules and equipment, the book proceeds through the proper stance and footwork to all the various punches and knockout blows. Personal experiences and pictures of the legendary champ enliven the instructions and lessons. Joe Louis How to Box is for anyone interested in learning more about Joe Louis or boxing for self-defense.



Reviews

If you need to adding benefit, a must buy book. It is actually rally interesting through reading time period. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Olen Mills

An extremely awesome ebook with perfect and lucid reasons. This is certainly for all who statte there was not a well worth looking at. Your daily life span will likely be convert as soon as you complete looking over this book.

-- Anahi Heaney

Other Kindle Books



The Preschool Inclusion Toolbox: How to Build and Lead a High-Quality Program

Brookes Publishing Co, United States, 2015. Paperback. Book Condition: New. 274 x 213 mm. Language: English . Brand New Book. Filled with tips, tools, and strategies, this book is the comprehensive, practical toolbox preschool administrators need to implement early childhood inclusion through...



THE Key to My Children Series: Evan s Eyebrows Say

Yes

 $AUTHORHOUSE, United States, 2006. \ Paperback. \ Book \ Condition: \ New. \ 274 \times 216 \ mm. \ Language: English. \ Brand \ New Book \ ****** Print on Demand \ ******. THE KEY TO MY CHILDREN SERIES: EVAN S EYEBROWS SAY YES is about a three year old little boy who...$



Spectrum Reading for Theme and Details in Literature, Grade

4

Spectrum, United States, 2015. Paperback. Book Condition: New. 269 x 208 mm. Language: English . Brand New Book. Spectrum(R) Reading for Theme and Details in Literature teaches and reinforces the essential reading comprehension skills your fourth graders are learning in the classroom....



Violin Concerto, Op.82: Study Score

Petrucci Library Press, United States, 2014. Paperback. Book Condition: New. Urtext ed.. 274 x 213 mm. Language: English . Brand New Book ***** Print on Demand *****. Premiered by the renowned violinist Leopold Auer in St. Petersburg in February of 1905, Glazunov s...



Oxford Phonics Spelling Dictionary

Oxford University Press, United Kingdom, 2013. Paperback. Book Condition: New. 274 x 218 mm. Language: English . Brand New Book. The Oxford Phonics Spelling Dictionary is an easy home and school reference tool. It supports the teaching of reading and spelling through...



California Version of Who Am I in the Lives of Children? an Introduction to Early Childhood Education, Enhanced Pearson Etext with Loose-Leaf Version -- Access Card Package

Pearson, United States, 2015. Loose-leaf. Book Condition: New. 10th. 249 x 201 mm. Language: English. Brand New Book. NOTE: Used books, rentals, and purchases made outside of Pearson If purchasing or renting from companies other than Pearson, the access codes for...