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Make Your Mark Global, 2018. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.How one doctor s spiritual awakening showed her how to love herself and overcome depression Dr. Andrea Pennington s life as a medical journalist, physician and acupuncturist showed her the power of mind over body but it left so many questions unanswered when it came to loving herself. After hiding her depression from the world she hit rock bottom and cried out...

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- Authored by Andrea Pennington
- Released at 2018



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