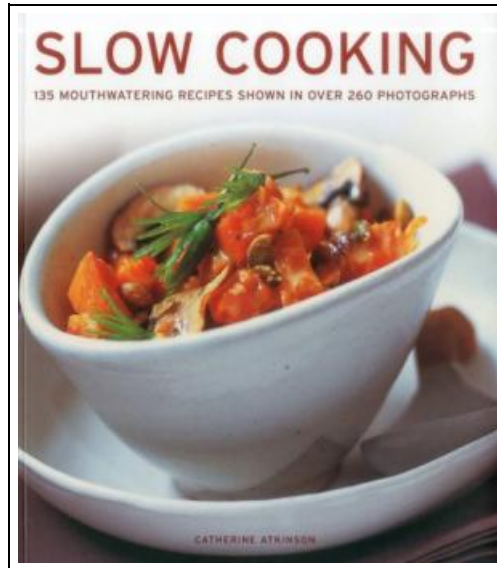


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Anness Publishing. Paperback. Book Condition: new. BRAND NEW, Slow Cooking: 135 Mouthwatering Recipes Shown in Over 260 Photographs, Catherine Atkinson, This book contains 135 mouthwatering recipes shown in over 260 photographs. Capture the simplicity of slow cooking with this collection of melt-in-the-mouth recipes - from appetizing soups and pates, hearty casseroles and stews to cakes and tangy chutneys. It features a range of classic dishes, including Seafood Chowder, Boston Baked Beans, Steak and Kidney Pie, Basque-style Tuna, Jamaican Jerk Chicken, Provençal Beef Stew, Cider-glazed Ham, Lancashire Hot-pot, Baked Stuffed Apples, and Fresh Fruit Bread and Butter Pudding. A fully illustrated practical reference section explains preparation and cooking techniques to help you get the most out of your slow cooker. Each beautifully photographed recipe is easy to follow and features a nutritional analysis of the fat, salt, calorie and carbohydrates to help you plan your meals successfully. Slow cooking is about creating real, delicious food that is given time for the tastes to develop, but it doesn't have to be hard work: just prepare the ingredients, put everything in one pot, set the timer and your meal will cook itself. Start off with tasty French Onion Soup, then move on to hearty Provençal Beef Stew with Poached Pears in Red Wine to follow. Or look farther afield for inspiration: try Spicy Pumpkin Soup, followed by Northern Thai Fish Curry, and finish with Papaya Cooked with Ginger. With influences from around the world, you will be amazed by the versatility of slow cooking. Whether you make a simple supper or an elegant dinner, successful results are assured every time.



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