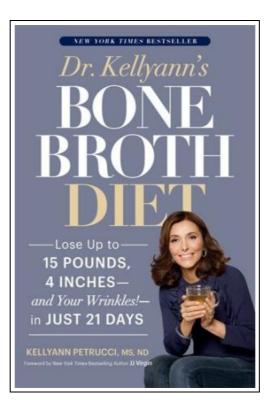
# Dr. Kellyann s Bone Broth Diet: Lose Up to 15 Pounds, 4 Inches - and Your Wrinkles! - in Just 21 Days (Paperback)



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# Reviews

This is the finest book i have got go through right up until now. I have got read and i also am confident that i am going to planning to read once again yet again in the future. You will not truly feel monotony at at any time of the time (that's what catalogs are for about if you check with me). (Taylor Medhurst)

# DR. KELLYANN S BONE BROTH DIET: LOSE UP TO 15 POUNDS, 4 INCHES - AND YOUR WRINKLES! - IN JUST 21 DAYS (PAPERBACK)



Rodale Books,US, United States, 2018. Paperback. Condition: New. Reprint. Language: English . Brand New Book. With the hardcover edition hitting the New York Times bestseller list, Dr. Kellyann s Bone Broth Diet has seen phenomenal sales-due in large part to Dr. Petrucci s marketing prowess and devoted fan base. Bone broth-the kind your grandma made-has long been known to have incredible health and healing properties. It s also been the cornerstone of naturopathic and weight loss specialist Dr. Kellyann Petrucci s booming practice. Now, it s been rediscovered by everyone from Good Morning America and New York Times to Gwenyth Paltrow to Kobe Bryant. In Dr. Kellyann s Bone Broth Diet, Dr. Petrucci combines delicious bone broth recipes with a groundbreaking intermittent fasting plan, helping readers achieve spectacular weight loss and more youthful looking skin in just 21 days. The book explains the science behind bone broth, then arms readers with a plan to lose weight safely and easily-with no cravings, weakness, or hunger pains. By including gourmet recipes, easy resistance training routines, and mindful meditation exercises, Dr. Petrucci gives readers everything they need to succeed.

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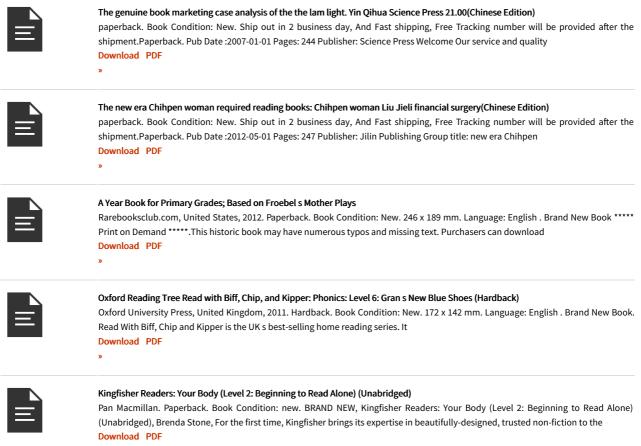
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