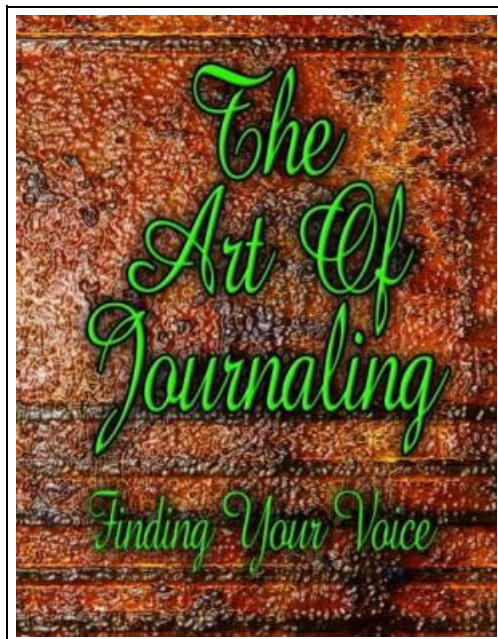


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THE ART OF JOURNALING: FINDING YOUR VOICE (PAPERBACK)



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Rivo Incorporated (Rivo Inc), 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. The Art Of Journaling and Finding Your Voice is why you learned to write in the first place, because the true skill behind the concept of writing wasn t meant to merely copy and recopy what s already been said or written. It was meant to help you find and express your own creative voice. Before you scramble to justify not prioritizing any time to write, consider this: The average sentence only contains between 15-20 words, taking seven minutes to write 100 words. At the end of one year, assuming you only wrote 7 minutes a day, you would have written 36,500 words. That s more than half of a typical mystery novel. Conclusion: If you can t prioritize only 7 minutes out of 1,440 minutes each day for yourself, perhaps it s time to seriously rethink your life and what you re missing. Solution: Start writing today, right now, and start spending your new life wisely, as if it were money being added to a new savings account. Prioritize your new life by getting up 7 minutes earlier to write, spend 7 minutes of your lunch hour writing, spend 7 minutes before you go to bed writing. Every successful person will acknowledge, setting written goals is essential. To set a goal you have to know what you want and clarify it in words. Journaling is the first step in helping you think out loud on paper. That only starts when you pick up your pen or pencil and begin writing on a consistent daily basis. Most importantly, this is about you, your thoughts, your feelings, your hopes and dreams, and recording the daily value you add to your personal adventures...



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