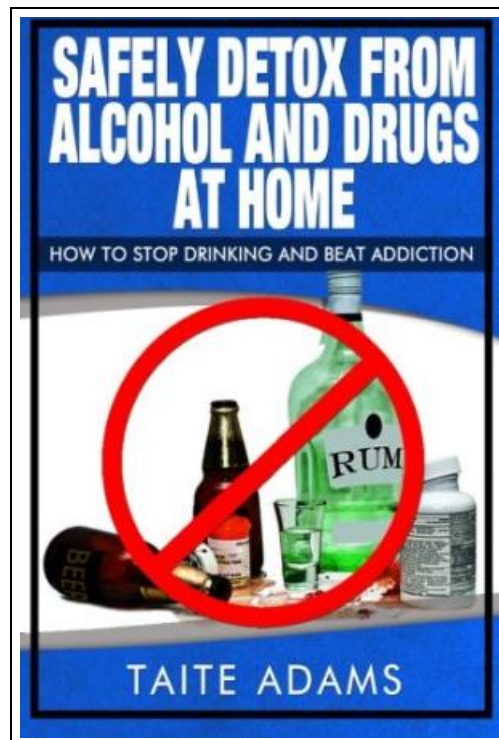


Safely Detox from Alcohol and Drugs at Home - How to Stop Drinking and Beat Addiction



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(Dr. Reta Murphy)

SAFELY DETOX FROM ALCOHOL AND DRUGS AT HOME - HOW TO STOP DRINKING AND BEAT ADDICTION



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Rapid Response Press, United States, 2013. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.No one plans to be in a position where they are faced with overcoming Addiction or trying to figure out how to stop drinking. Staring down potential alcohol withdrawal or withdrawal symptoms from quitting your drug of choice can be terrifying, particularly if you wish to detox at home. While alcohol detox can be dangerous, there are some instances in which it can be undertaken in a home environment if you are truly ready to quit drinking and meet some specified criteria. This is also the case for detoxing from drugs at home, whether they be prescription or street drugs. If your drug or alcohol addiction has finally gotten the best of you and you find that it s time to do something about it, there is help available in this one of a kind book. Safely Detox From Alcohol and Drugs at Home offers clear and concise directions on how to quit drinking, how to handle alcohol withdrawal and how to detox at home from a very wide range of substances. With a clear approach, and drawing on her own history of addiction recovery, author Taite Adams is able to give the struggling addict, or supporting loved one, answers to a lot of questions and guidance in many key areas. Some of the topics that are addressed in detail are: Home Detox Considerations Health and Safety Considerations Have a Detox Plan To Taper or Not - Rules of Tapering Dealing with Cravings Home Alcohol Detox Opiate Detox at Home Cocaine Detox Benzo Detox at Home Meth Addiction and Detox Amphetamine Withdrawal at Home Methadone Withdrawal at Home Marijuana Addiction and Withdrawal Life After Detox .and...



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