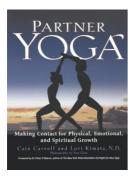
Get Book

PARTNER YOGA: MAKING CONTACT FOR PHYSICAL, EMOTIONAL, AND SPIRITUAL GROWTH



Rodale. Paperback. Condition: New. 258 pages. Dimensions: $10.8in. \times 8.2in. \times 0.8in.Like$ food and water, touch and intimacy are basic human needs. As naked and vulnerable newborns, we thrive on skin-to-skin contact with other humans. Yet somewhere between infancy and adulthood, this fulfilling nourishment from touch is virtually lost. In todays high-tech world, most of us are more comfortable connecting with each other through machines and modems than our own skin. Yet for optimum health, we all need to touch--...

Read PDF Partner Yoga: Making Contact for Physical, Emotional, and Spiritual Growth

- Authored by Cain Carroll
- · Released at -



Filesize: 6.39 MB

Reviews

Extremely helpful to any or all category of individuals. It really is rally fascinating throgh studying time period. I am just quickly could possibly get a pleasure of reading a composed ebook.

-- Lawrence Keeling

This publication may be worthy of a read through, and a lot better than other. It is among the most incredible book we have read through. Your daily life period will be change when you total reading this article publication.

-- Garett Baumbach

A whole new eBook with an all new standpoint. It is actually rally fascinating through reading through time period. You wont truly feel monotony at anytime of your own time (that's what catalogues are for relating to when you request me).

-- Claire Bartell