Bringing Your Soul to Light: Healing Through Past Lives and the Time Between (Paperback)

By Dr. Linda Backman

Llewellyn Publications,U.S., United States, 2009. Paperback. Condition: New. Language: English . Brand New Book. What happens after we die? What is the purpose of my current life? Have I lived before? In this unique and inspiring guide, Dr. Linda Backman answers these questions with compassion, objectivity, and more than fifteen years of experience conducting past-life regression therapy with clients. Bringing Your Soul to Light: Healing Through Past Lives and the Time Between explores the fundamental questions we all face. It includes a wealth of first-hand accounts from actual past-life and between-life regression sessions, offering readers a compelling and personal glimpse into a little-known yet fascinating aspect of our existence.Readers will discover the extraordinary universal connections we all share in this lifetime and beyond. They ll learn how they can use this knowledge to heal and grow, both physically and spiritually, by understanding themselves on a soul level and releasing energetic remnants of past-life trauma. Dr. Linda Backman is a licensed psychologist with more than thirty years of experience in private practice. Dr. Backman studied, co-taught, and co-established The Society for Spiritual Regression (now the Newton Institute) with pioneering therapist and best-selling author Dr. Michael Newton. She has conducted hundreds of...

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