



The Practice of Brief Psychotherapy (Hardback)

By Sol L. Garfield

John Wiley and Sons Ltd, United States, 1998. Hardback. Condition: New. 2nd Revised edition. Language: English . Brand New Book. Since its publication almost a decade ago, Sol L. Garfield's *The Practice of Brief Psychotherapy* has become the definitive training text and professional guidebook on brief psychotherapy with an eclectic point of view. But even as managed care has made the practice of brief psychotherapy a mainstay for many therapists, it has become increasingly difficult for clinicians and trainees to keep pace with fresh developments in the field. This revised edition brings Dr. Garfield's classic straight to the cutting edge of current practice, providing a comprehensive, integrated picture of brief therapy based upon up-to-date procedures and research findings. Written by one of the founding fathers of brief psychotherapy, *The Practice of Brief Psychotherapy, Second Edition* includes appraisals of the latest research on evaluation techniques, treatment guidelines, effectiveness, and validated therapies. It walks today's clinician step-by-step through the basic aspects of the therapeutic process, moving through every stage from initial interview through termination and posttherapy appraisal. As in the successful first edition, this book is results-oriented, focusing on procedures and findings from diverse therapeutic approaches for their usefulness...



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