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JUDO KATA: PRACTICE, COMPETITION, PURPOSE (PAPERBACK)



Via Media Publishing Company, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. The practice of judo katas has changed over time as a result of perceived purpose. The chapters in this anthology were written by seven authorities in judo history and practice. Their writings clarify the purpose of kata and thus its mode of practice and their place in competition. In 1926, a contest occurred in which thirty-seven of the finest...

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