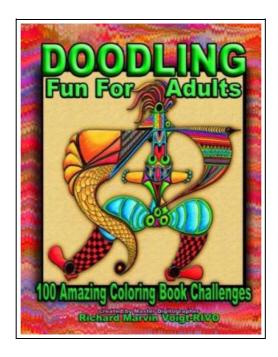
Doodling for Adults: Much More Than Just Another Coloring Book (Paperback)



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Reviews

Complete guideline for ebook lovers. Better then never, though i am quite late in start reading this one. Its been printed in an remarkably simple way in fact it is only right after i finished reading this book through which in fact transformed me, alter the way in my opinion. (Monserrat Runolfsdottir)

DOODLING FOR ADULTS: MUCH MORE THAN JUST ANOTHER COLORING BOOK (PAPERBACK)



Rivo Incorporated (Rivo Inc), 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Unlike most coloring books, the concept behind Doodling For Adults illustrates a unique step-by-step guide to truly imaginary doodling. Each image will challenge your imagination as you decide where to add more shapes, dynamic textures, striking patterns, and vivid colors. Doodling For Adults is a completely new and unique drawing technique that helps regain one s confidence and pure enjoyment of drawing again. Research shows that doodling is truly a natural, healthy and creative experience that helps you remain alert while in a relaxed state of mind. Doodling during meetings can actually help you retain information. Doodling For Adults is an exciting drawing technique that allows you to record fresh ideas while relaxing your mind. Just like putting puzzle pieces together, this book teaches you how to enter deeper levels of creative problem solving. It frees you from relying on old, preconceived ideas, thus heightening your clarity and creativity. While this drawing technique was originally designed to help busy adults who have forgotten how to relax, it s also for children of all ages who enjoy unique doodling and coloring experiences. So, get out your art supplies and start having fun adding more shapes, more lines, more textures, and more patterns. Open this amazing book to any page and begin having fun exploring 100 unique doodle designs. EXPANDED DESCRIPTION: EXPLORING A UNIQUE DRAWING TECHNIQUE Art is more than just a noun, it s an unlimited active moving verb. Richard Marvin Voigt - aka RIVO This exclusive collection of 100 Doodling For Adults coloring book images explores a unique drawing experience that builds confidence and appreciation for your own approach to doodling. It was designed as a mistake-free technique that allows your...



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