

## Skin Care Express: Know How to Take Care of Your Skin (Paperback)

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## Reviews

*This ebook is very gripping and fascinating. Sure, it is engage in, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book. (Ms. Ora Buckridge)* 

## SKIN CARE EXPRESS: KNOW HOW TO TAKE CARE OF YOUR SKIN (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Get on the EXPRESS for Skin Care Know How to Take Care of Your Skin Can you guess what is the largest organ of your body? Nope, not your liver, which is the biggest INTERNAL organ nevertheless, but not the largest of them all. Give up? It s your skin! Yes, that s right. It s an excretory organ on its own responsible for waste such as urea and sodium to leave your body through its sweat pores. Just when you though the skin was all about appearance.and that s certainly true, but it goes much more skin deep than that. Your skin is your body s vital first line of defense. It protects you from all the tiny microscopic organisms in the air and toxin and other pollution within the environment. Now on to the obvious of more or less why you want to take care of your skin you want to appear and be attractive, increase your self-esteem and confidence, or get ahead professionally in life as people tend to favor better-looking people than those who are less polished in appearance. Overall, you just want to have healthy beautiful skin because your skin is also an indicator of your health. They say real beauty comes from the inside out - well, the outside is the reflection of your inside. If your internal health is bad, that will show outwardly through your skin, and vice versa. Now that you know how your skin is much more than about looking good and even why skin care is necessary, it s time to actually start taking care of your skin! By taking the Skin Care Express, your destination includes -...

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