



Salted: A Manifesto on the World's Most Essential Mineral, with Recipes

By Bitterman, Mark

Ten Speed Press, 2010. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: "Whether your only exposure to salt is the box of kosher in your cupboard or you've got a gourmet line up, Salted makes an excellent gift for the foodie that has it all." -Guest blogger Kathy Casey, Al Dente, Amazon food blog, 11/15/10 "In Salted, Mark Bitterman (sommelier at The Meadow in Portland, Oregon) profiles 80 artisan varieties of the magical ingredient. When you're done geeking out, the recipes - popcorn salted six ways, mango salsa with Hawaiian black lava salt - satisfy cravings." -DailyCandy, The Best New Fall Cookbooks, 11/12/10 "His new book Salted lays it all out methodically, but the text is far from dry or academic for such an info-packed tome. Bitterman is a great writer, his conversational is clear and funny and, yes, occasionally salty. Though I'm deliberately taking my time to soak up Salted, especially the history and the particulars of each type of salt, reading this book has already caused a sea change in my kitchen." -Al Dente, Amazon food blog, 11/2/10 "Salted is transformative; it will change the way you cook." -The...



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