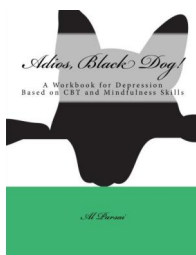


Adios, Black Dog!: A Workbook for Depression Based on CBT and Mindfulness Skills



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Book Review

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