



Art and Heart of Drum Circles

By Christine Stevens, Arthur Hull

Hal Leonard Corporation. Paperback. Book Condition: new. BRAND NEW, Art and Heart of Drum Circles, Christine Stevens, Arthur Hull, (Book). In this quintessential guide to both creating and facilitating drum circles, noted music therapist and drum circle facilitator Christine Stevens covers everything from key grooves and instrumentation, to the personal side of empowering people and creating transformational experiences through recreational drumming. Filled with practical tools, guidelines, principles, helpful hints, exercises, and even a play-along CD, Stevens' book weaves into one resource the many key elements of what My Generation/AARP Magazine refers to as one of the country's "fastest growing holistic health trends." "Christine Stevens brings together the energy of her drum circle leadership and the healing power of her background in wellness to give us a very helpful book for drum circle leaders, teachers, recreation specialists, religious group leaders, health professionals, business people and amateur drummers." Dr. Will Schmid, MENC Past President and author, World Music Drumming "This book is a must for anyone involved in or interested in the drum circle movement from veterans to wanna-be facilitators." Karl Bruhn, Father of the Music Making and Wellness Movement What you'll learn: . The science of entrainment . The drum circle...



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Reviews

An extremely wonderful book with lucid and perfect information. It is one of the most awesome publication i have read. Your life period will probably be enhance the instant you total looking at this pdf.

-- Prof. Dan Windler MD

It is really an amazing publication i actually have at any time read. It is really simplistic but unexpected situations inside the 50 percent of your pdf. Its been written in an exceptionally simple way in fact it is just right after i finished reading this ebook where actually transformed me, alter the way i really believe.

-- Dr. Celestino Spinka III