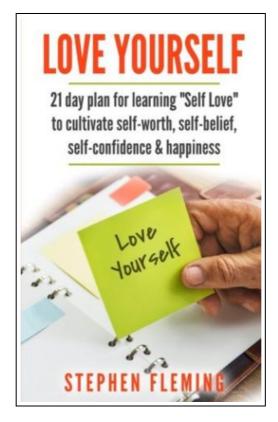
# Love Yourself: 21 Day Plan for Learning Self-Love to Cultivate Self-Worth, Self-Belief, Self-Confidence, Happiness (Paperback)



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#### Reviews

Complete guideline for publication lovers. it was writtern really properly and useful. Once you begin to read the book, it is extremely difficult to leave it before concluding.

(Treva Hamill)

# LOVE YOURSELF: 21 DAY PLAN FOR LEARNING SELF-LOVE TO CULTIVATE SELF-WORTH, SELF-BELIEF, SELF-CONFIDENCE, HAPPINESS (PAPERBACK)



Createspace Independent Publishing Platform, 2018. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*\*. Start your journey today with 21 Day Doable Plan For Learning Self-Love To Cultivate Self-Worth, Self-Belief, Self-Confidence and Happiness!\* Bonus: Health Wealth Magnetism e-book\* The Background Story: In my last 10 years of professional experience as a Technology Management Consultant, I have been always a keen observer of successful leaders and have been looking out for common grounds, habits, beliefs of each of them. All of them had one thing in common; They appreciated and loved themselves, their present situation, surrounding people. One of them explained it to me; You know, its a habit and can be developed. If You feel good about yourself. It pulls you towards success! These continued interactions led to below conclusions: # The entire journey towards any success and fulfillment begins with self-love and appreciation. # You study or listen to achiever from any walk of life and he/she would always mention the magic of loving yourself. # All of us are imperfect, but the journey towards being better versions of ourselves begins with learning the art of self-appreciation. This book is a result of my research and interviews with many successful leaders and it explains a 21 day achievable plan to learn the art of self-love, which would eventually lead to other goals of self-belief, confidence happiness. Inside the Book you will discover: # Understanding Self Love # How You Benefit From Loving Yourself Unconditionally # Learning self-love to cultivate self-worth, self-belief self -confidence # A 21 day action plan: It covers day 1 to day 21 activities and practice to be developed into daily habits Start your journey today only, get this book on discount. Tags Love Yourself Like Your Life Depends On It,...

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