



Trigger Finger Cure: A Comprehensive Guide and Toolkit for Trigger Finger, Locking Finger, Video Game Thumb Pain, iPad and Smartphone Finge

By Joshua L. Sho

LasGEORGES Publications. Paperback. Condition: New. 158 pages. Dimensions: 8.1in. x 5.8in. x 0.5in. This is the most detailed, up-to-date comprehensive guide on trigger finger- stenosing tenosynovitis, trigger thumb, locking finger, finger arthritis, video game thumb pain, iPad and smartphone finger pain. This is a must-read guide for anyone suffering with pain in the finger(s). Its clear that classic trigger finger is a predictable mechanical malfunction, but there are so many other reasons the problem can surface, some even tied to diet. That's an area of particular interest to me as a vegan, and what I read here makes absolute sense. The modern diet, especially in America is a disaster. If our bodies can't get our attention one way, they'll get it another. This is an easily accessible overview of what can be a medically dense subject. Even the proper name for trigger finger, stenosing tenosynovitis is a tongue twister. Without getting into intricate fine points of anatomy, you'll discover all about the classic trigger finger in Part I, before expanding that examination in Part II to consider diffuse causes of the condition. Both standard and cutting edge therapies are explained and explored. The standard treatment for trigger finger is, in theory,...



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Reviews

I actually started looking over this publication. It really is really interesting through studying period. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Dana Hintz

Good electronic book and valuable one. It really is basic but unexpected situations in the 50 percent in the pdf. You won't really feel monotony at any moment of your time (that's what catalogues are for concerning when you ask me).

-- Elisa Reinger