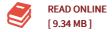


DOWNLOAD

## The AARP Roadmap for the Rest of Your Life: Smart Choices About Money, Health, Work, Lifestyle and Pursuing Your Dreams

By Bart Astor, Gail Sheehy

John Wiley & Sons Inc. Paperback. Book Condition: new. BRAND NEW, The AARP Roadmap for the Rest of Your Life: Smart Choices About Money, Health, Work, Lifestyle and Pursuing Your Dreams, Bart Astor, Gail Sheehy, WASHINGTON POST Bestseller List 3/30/14 Solid solutions and step-by-step instructions for planning the next stage of your life Life after 50 isn t what it used to be. The rules have changed. No more guaranteed pensions, retiree health plans, or extensive leisure and travel. It s time to forge new paths and create innovative models. That s where the AARP Roadmap for the Rest of Your Life comes in. Bart Astor, author of more than a dozen books, offers a comprehensive guide for making lifestyle decisions, growing your nest egg, and realizing your goals. This AARP book \* Provides guidance on the key areas you Il need to consider: finances and work, health and fitness, Medicare and Social Security, estate planning, insurance, housing, and more \* Offers expert tips on creating age- and health-specific goals through a personal Level of Activity scale based on how active you can and want to be \* Includes tips for finding fun and fulfilling activities and even completing your...



## Reviews

An incredibly wonderful book with perfect and lucid explanations. It normally is not going to price a lot of. I am just very happy to tell you that this is the greatest pdf we have go through within my personal lifestyle and could be he finest book for at any time. -- Bart Lowe

This is basically the greatest pdf i actually have go through till now. It is definitely simplistic but surprises within the fifty percent in the ebook. I am easily will get a delight of studying a published ebook.

-- Hyman O'Conner III