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Guitar Music for the Mid-Life Crisis: (Music: Why We Listen, Why We Play)

By John Foley

Outskirts Press, United States, 2015. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.John Foley is a musician and Music Therapist who has performed across the US and Canada. After years of Rock Roll bands he began working as accompanist for Oscar Brand, sharing stages with Pete Seeger, Arlo Guthrie, Odetta, Richie Havens and many others. Recordings include Rock Roll, Folk songs, children s music and educational programming for the Smithsonian Institute, the BBC and The Canadian Broadcasting Co. Somewhere in my late 50s I realized that I was losing interest in music. After forty-some years as a fan, would-be player, student, musician, performer and teacher, I realized that I just didn t care much anymore. Worse yet, it didn t seem to bother me. I had played and listened to music because I wanted to and needed to. Now I mostly played when I had to and wasn t listening with any particular interest. Ironically, I was working as a Music Therapist, using music to try and improve the lives of people with everything from Autism to Alzheimer s Disease. If music worked for them, why didn t it...



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