



## Growing, Growing Strong: A Whole Health Curriculum for Young Children (2nd Revised edition)

By Connie Jo Smith, Rebecca Sue Bennett, Charlotte Hendricks

Redleaf Press. Paperback. Book Condition: new. BRAND NEW, Growing, Growing Strong: A Whole Health Curriculum for Young Children (2nd Revised edition), Connie Jo Smith, Rebecca Sue Bennett, Charlotte Hendricks, Packed with practical ideas and information, this revised health curriculum includes open-ended lesson plans and interactive activities for teaching young children about their bodies and how to care for their health. Topics include body parts and the five senses, self-care activities, eating healthy foods and preventing illness and disease, and emotions and friendships.



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