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BOOKS4POCKET EDITORIAL, 2013. Condition: Nuevo. Siete pasos para alcanzar la felicidad desde el interior Marci Shimoff, escritora de éxito mundial y coautora de la serie Sopa de pollo para el alma, el más importante fenómeno de toda la literatura de desarrollo personal, vuelve con su esperado nuevo título: Feliz porque sí. En esta obra, la reconocida líder espiritual ofrece el primer programa holístico para experimentar la auténtica felicidad, un estado neurofisiológico de paz y bienestar que surge del interior y...

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- Authored by Shimoff, Marci
- Released at 2013



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