



## The Holy Grail of Gluten Free

By Dawn Schlosser

Createspace, United States, 2013. Paperback. Book Condition: New. 216 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Are you on a crusade for cupcakes? Pining for pizza? Questing after the elusive pleasures of a good slice of toast? Worry not! For you have found the one, true Grail at last! Prepare for a blissful revelation. The Holy Grail of Gluten Free is a once in a millennium cookbook that offers up easy to make, smoothly formatted, innovative recipes that will lead you straight to gluten free, dairy free nirvana. They rely largely on whole grain flours specially chosen and combined for flavor, texture and nutrition, and never touch the sandy, brittle rice flour, bitter tapioca starch, oddly flavored bean flours or gelatinous coconut flour that most gluten free atrocities are made from. Thanks to this we may once again delight in healthy, fluffy muffins, hearty pancakes, soft breads and wraps, addictively good cookies and decadent cakes and frostings, not to mention a pizza crust that rolls out beautifully, and the best Belgian waffles ever. There are no substitutes here, only genuinely good food and perfect indulgences. Try them and experience the true glory of gluten...



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