



Redeeming Fear: A Constructive Theology for Living into Hope

By Jason C. Whitehead

Fortress Press, U.S. Paperback. Book Condition: new. BRAND NEW, Redeeming Fear: A Constructive Theology for Living into Hope, Jason C. Whitehead, Our brains are hard-wired to experience the emotion of fear. Yet "do not be afraid" is a common refrain from the Bible, used for both comfort and chastening. Too often, we have treated fear, an emotion that helps protect us from threats, as something simply to be dismissed, ignored, or suppressed. Being afraid means so much more than simply fighting or running from a threat; to be afraid is to remember that something in life is worth living for. In fact, there may even be circumstances where fear is God's best response to what we are experiencing. In this book, Whitehead helps us find the roots of hope in the soil of our fears so that we can form lives and communities of hope in the midst of a culture of fear.

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