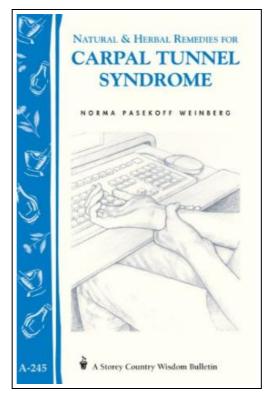
# Natural Herbal Remedies for Carpal Tunnel Syndrome Storey Country Wisdom Bulletin A-245



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## Reviews

This ebook is very gripping and fascinating. Sure, it is engage in, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Ms. Ora Buckridge)

# NATURAL HERBAL REMEDIES FOR CARPAL TUNNEL SYNDROME STOREY COUNTRY WISDOM BULLETIN A-245



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Storey Publishing, LLC. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.3in. x 5.3in. x 0.2in.Do you have: Recurrent numbness, pain, or tingling in your fingers, wrist, or hand Does it persist at night Can it be shaken outA sense of weakness in your handLoss of feeling of heat or cold in your handlf you answered yes to these questions, you may be suffering from carpal tunnel syndrome. If not detected and treated, this common condition can quickly become disabling. Once the diagnosis is in, the first treatment recommended is often surgery. However, such extreme measures arent always necessary. In Natural and Herbal Remedies for Carpal Tunnel Syndrome, Norma Pasekoff Weinberg offers strengthening hand exercises, gentle stretches, and herbal recipes that ease pain and encourage the body to heal itself. With attention to ergonomics and these simple remedies, most cases of carpal tunnel syndrome can be resolved -- or even avoided -- naturally and effectively. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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