

The St.Tropez Diet: 10 Weeks to a Trimmer/Slimmer You (Paperback)

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Reviews

It is simple in study safer to understand. It can be full of knowledge and wisdom Your way of life span is going to be enhance when you full looking at this book. (Lavina Torp)

THE ST.TROPEZ DIET: 10 WEEKS TO A TRIMMER/SLIMMER YOU (PAPERBACK)



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Createspace, United States, 2009. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. St. Tropez is the Crown Jewel of the French Riviera. It is the playground for the Rich and Famous who live and play in the life s fast lane. They have discovered the secret to staying fit and trim while indulging their appitites for La Dolce Vita. Now you too can live life to the fullest and still keep your youthful figure and vigor. The St.Tropez Diet tells you how.

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