



The Smart Couple s Guide to the Wedding of Your Dreams: Planning Together for Less Stress and More Joy (Paperback)

By James Sniechowski, Judith Sherven

NEW WORLD LIBRARY, United States, 2005. Paperback. Condition: New. Language: English . Brand New Book. Each year, millions of couples wed, and millions of relationships -- brides, grooms, families, and friends -- are undermined by power struggles, fights, and stress before the big event arrives. Often overrun by others demands, couples may be too exhausted to experience the outpouring of love meant for them. Now savvy brides and grooms can turn to The Smart Couple s Guide to the Wedding of Your Dreams. It encourages couples to explore their wedding desires, be realistic about budgets, and be firm in their decisions, and it walks them through practical steps to make these goals a reality. Cowritten by two therapists, themselves a happily married team, the book emphasizes recapturing the meaning and joy of the occasion while making informed choices together. Each chapter provides exercises and suggestions to help with specific decisions on vows, location, parents roles, and more, ultimately showing couples how to express their style while honoring family and religious traditions. These decision-making skills also help establish precedent for a long and happy marriage.



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