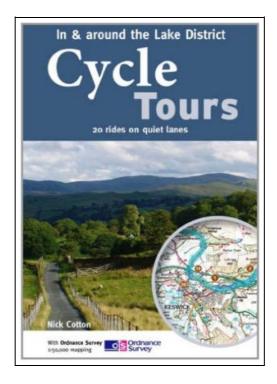
Cycle Tours in Around the Lake District: 20 Rides on Quiet Lanes (Paperback)



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Reviews

Complete guide for publication enthusiasts. I have read and i am sure that i will going to study again once again in the future. Your way of life period will be transform once you total looking over this publication.

(Shayne O'Conner)

CYCLE TOURS IN AROUND THE LAKE DISTRICT: 20 RIDES ON QUIET LANES (PAPERBACK)



Cordee, United Kingdom, 2011. Paperback. Condition: New. Language: English . Brand New Book. The Lake District boasts some of the most stunning mountain scenery in the country, providing a dramatic backdrop to many of the rides featured in this book. The practical spiral-bound guide describes 20 wonderful lane rides of 24-35 miles in South Lakeland and the Eden Valley. All of the rides are highlighted on Ordnance Survey Landranger 1:50,000 mapping, seen as the gold standard of mapping for cyclists. Junction-by-junction route instructions guide you through the region s beautiful countryside. Each ride contains details of distance, grade of difficulty and refreshments along the way (with phone numbers of pubs and cafes so that you can check on opening hours). A height profile gives you warning of the hills to expect and schematic maps show how the ride can either be shortened or linked to adjacent rides for a longer day out. The rides have been designed to use quieter roads and are divided into three main areas: the first is around Cockermouth and Keswick where three rides explore the breathtaking landscape either side of Bassenthwaite Lake. To the west lie Wythop Woods, Whinlatter Forest, Loweswater, Crummock Water and Buttermere; to the east of Bassenthwaite is the classic circuit around the back of Skiddaw to Caldbeck. The second area covers the southeast of Cumbria, encompassing the upper Eden Valley and the Lune Valley, with rides starting from the handsome towns of Appleby, Kirkby Stephen, Sedbergh and Kirkby Lonsdale. The weather tends to be drier here as the two valleys lie in the rain shadow of the Lakeland Fells. These rides also offer panoramic views of the Pennines and the Howgills to the north of Sedbergh. The final area features rides in and around the southern half of the Lake District...



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