



This Mysterious Realm Called Sleep: The Complete Trilogy - Books 1 to 3 (Paperback)

By Mr Leslie Watkins

Createspace Independent Publishing Platform, 2018. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Leslie Watkins unabridged collection of three volumes exploring sleep, a mystery packed with surprises. Most people are unaware that every night vast numbers of sleepwalkers display totally unexpected behaviour. They move around in their hundreds, in their thousands, and they re spread through every town and city in the world. There s the famous musician whose dream gave him one of the most successful songs of this century - one enthusiastically covered by a host of stars including Frank Sinatra, Elvis Presley and Liberace. Equally intriguing is the case-history of the daughter of pauperised former slaves in Louisiana who, thanks to information given in a dream, became one of the world s richest women - and an immensely generous philanthropist. Some call it the mystery of slow-wave sleep when behaviour by sleepwalkers, which seem too bizarre to be possible, takes place. They are typified by the baffling talent of Welshman Lee Hadwin, the first example in this book, who is a brilliant artist -- but only when fast asleep. He cannot paint nor draw when awake and yet his hypnotic paintings sell...



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