



## Dancing on the Edge of Sanity

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By Ana Clare Rouds

CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 320 pages. Dimensions: 8.4in. x 5.4in. x 1.0in. I am going crazy, I thought. I need to sleep, but I cant. This is awful. This is the worst feeling in the world. Is that John Did I just hear John Hypersensitive to every sound in the house, I wasnt sure if I was truly hearing John or simply hearing other noises. He had been crying for so long throughout the day, it was as if the memory of the cry were still ringing in my ears, even if he wasnt crying at that moment. I didnt want to hear any noises from within the house, the house that had begun to feel as small and constricting as a shoebox. Ana Clare Rouds, author of the gripping memoir Dancing On the Edge of Sanity, shares her painfully honest journey through the dark labyrinth of postpartum depression and anxiety. Readers will find a friend in Rouds as they explore this engaging tale of early motherhood, maternal mental health and recovery. Rouds has wonderful friends, a supportive family, and a healthy newborn boy. Everything around her indicates that life should be...



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