



Mastering the Art of Performance: A Primer for Musicians (Hardback)

By Stewart Gordon

Oxford University Press Inc, United States, 2005. Hardback. Condition: New. New. Language: English . Brand New Book ***** Print on Demand *****. In Mastering the Art of Performance: A Primer for Musicians, Stewart Gordon offers seasoned advice to musicians intent on meeting the challenges of performance. Through real-life examples and pre-performance exercises, this accessible manual gives musicians and other performers practical insights into every aspect of performance. While other books merely identify and describe the problems associated with performance, this book offers detailed suggestions for solving them. First, Gordon tackles the critical planning and preparatory stages, helping performers to evaluate their strengths and weaknesses. The book's easy-to-follow exercises address the self-doubt and anxiety many musicians contend with, helping them to analyze why they perform, set goals and assess the level of energy needed to achieve them, and develop a performance philosophy. The book also offers techniques that will help musicians deal with some of the classic pitfalls of performance preparation, including repetition and drill, changing bad habits, and developing memory. For the performance itself, Gordon's insights help musicians with pacing and managing stage fright. For the aftermath, Gordon arms performers with strategies for dealing with criticism and conducting...



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Reviews

Extensive information for book fans. It is written in basic words and never hard to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Otis Wisoky

This publication is great. It is full of wisdom and knowledge. You will not really feel monotony at any time of the time (that's what catalogs are for relating to when you ask me).

-- Dr. Everett Dicki DDS