

## Vitamin B12 Deficiency and Chronic Illness (Paperback)

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## Reviews

This published publication is fantastic. it had been writtern very perfectly and useful. Once you begin to read the book, it is extremely difficult to leave it before concluding. *(Junius Herman)* 

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## VITAMIN B12 DEFICIENCY AND CHRONIC ILLNESS (PAPERBACK)



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Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Vitamin B12 Deficiency is now being revealed as one of the most misunderstood conditions of the 21st century. The potential for it to result in permanent nerve damage and varying levels of disability irrespective of the amount of B12 replaced in the blood is slowly being recognized by modern clinicians. Yet this is knowledge which is not emerging, but re-emerging, because physicians who dealt with this illness a century ago were well aware of the long-term implications. They were also aware of an underlying cause - low stomach acid. In addition, they understood that patients suffering from the condition would also have stomach atrophy, gut dysbiosis and intestinal permeability - in themselves conditions which could give rise to further ailments relating to mental health issues, autoimmune conditions and a broad range of what we today recognize as chronic diseases. Yet for decades these issues, once well recognized, have been forgotten, and patients of the 21st century are often given advice and treatment which fails to combat not only the injuries caused by a deficiency of Vitamin B12, but which may well be misinterpreted as other, often untreatable conditions, or, as is possibly the case, that the underlying cause of the B12 deficiency may also be the cause of other illnesses. This book aims to pave the way in setting the record straight. It aims to help both patients and clinicians to deepen their understanding in respect of a condition which was once feared and which, it would seem, still exists but is simply not recognized for what it is. It also aims to explain to those with other chronic and neurological conditions that a deficiency of B12 might prove to be...

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