



The Slip and Fall Prevention Handbook: You Make the Difference (Paperback)

By MD MD M E Hecht

Createspace, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book. Slip and Fall accidents are the second highest cause of accidental death among the elderly. The Slip Fall Prevention Handbook: You Make the Difference, explains how, with proper preparation and awareness, many of these events can be prevented. This informative handbook, directly from an orthopedic surgeon with over 30 years of experience explains everything you need to know about preventing Slip and Fall accidents with the most important preventative factor being YOU. Inside you II find: The Cause of Falls The Importance of Staying in the Moment How to Create and Maintain a Safe Environment Hazards to Avoid Strategies to Increase Your Safety Odds What to do if you Slip and Fall Exercise programs, Diet, Doctors and more. This well-illustrated and thoughtful handbook covers stats, standards and best practices for YOUR safety against Slip and Fall. It includes journals checklists, and 30 years of experience from the Doctor herself.



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Very useful to all of category of people. I actually have read through and that i am sure that i will likely to go through once more again in the foreseeable future. I realized this book from my i and dad advised this publication to find out.
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