



How to Shoot Your Age in Golf: The Essential Improvement Guide for Retiree Golfers to Make More Pars, Birdies and Shoot Better Scores (Paperback)

By Gary McClure

Createspace Independent Publishing Platform, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. A Great Gift for Dad and retirees with over 70 instructional photos diagrams! I did it! I shot my age in golf-and you can too! This book is for you, a retired Super Senior golfer who is 65+ years old and really wants to accomplish the amazing goal of shooting your age in golf. With the help of my co-author, Mike Hogan, PGA Teaching Professional, I, at age 74 with a handicap of 15+, accomplished it twice in my first year of retirement. Since then, I have shot my age, or better, 32 times with a best round of 69. You can do it too! Mike and I will show you how. In this book we will provide recommendations and technical advice for seniors on all aspects of golf, including mental and physical preparation, the long and short game, practice, on-course management, and equipment. You do not hit the ball with your backswing! Slow it down! Your backswing is all about proper position of the club with your wrists cocked to swing inside-out with acceleration through-not at the ball....



[READ ONLINE](#)
[8.33 MB]

Reviews

The publication is easy in read through safer to comprehend. It is actually loaded with wisdom and knowledge Its been printed in an extremely simple way and is particularly simply right after i finished reading through this pdf where actually modified me, affect the way i believe.

-- Ms. Clementina Cole V

This is the very best publication i have got read until now. It is definitely simplified but shocks within the fifty percent of the pdf. You may like how the article writer create this pdf.

-- Rosario Durgan