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EAT.THINK.HEAL: ONE FAMILY S STORY OF DISCOVERING THE HEALING POWERS OF FOOD AND THOUGHT



Balboa Press Australia, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English. Brand New Book ***** Print on Demand *****. Have you ever experienced the seemingly inexplicable? A sense of being stared at? Thinking of something just as someone else says it? For these brief moments you are sensing the vibrations and thought patterns of others. In this highly readable personal story, Margaret takes us on her own journey as she highlights the roles of food...

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- Authored by Margaret Bridgeford
- Released at 2015



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