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# PALEO DIET FOR BEGINNERS: TOP 30 PALEO BREAD RECIPES REVEALED!



Blurb, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Paleo Sandwich Bread Ingredients 3/4 cup soaked almond butter, smooth (store bought works fine too) 6 pastured eggs 2 tbsp honey 1/4 cup coconut oil, melted 1/2 tsp apple cider vinegar 1/4 cup ground golden flax 3 tbsp coconut flour 1 tsp baking soda 1/2 tsp sea salt Instructions 1. Preheat oven to 350 F. Line an 8...

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- Authored by The Blokehead
- Released at 2015



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