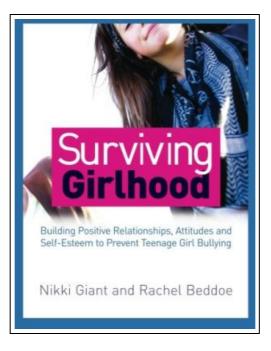
Surviving Girlhood: Building Positive Relationships, Attitudes and Self-Esteem to Prevent Teenage Girl Bullying (Paperback)



Filesize: 2.37 MB

Reviews

This ebook is very gripping and fascinating. Sure, it is engage in, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book. (Ms. Ora Buckridge)

SURVIVING GIRLHOOD: BUILDING POSITIVE RELATIONSHIPS, ATTITUDES AND SELF-ESTEEM TO PREVENT TEENAGE GIRL BULLYING (PAPERBACK)



JESSICA KINGSLEY PUBLISHERS, United Kingdom, 2012. Paperback. Condition: New. Language: English . Brand New Book. Teenage girls can be mean. Often stemming from poor self-awareness, self-esteem and lack of relationship skills, complex friendship dynamics can be difficult to unravel and bullying can be hard to resolve. Surviving Girlhood provides a unique resource for preventing girl bullying by addressing the root causes and helping girls to be strong, positive individuals. Part 1 covers the facts on girl bullying, how to understand it, and the particular complexity of girls. Part 2 includes over 60 tried-and-tested activities that will help girls understand their needs, values, beliefs and influences as drivers for their behaviour. Through five key themes, from Being Me to Conflict Resolution , they will also build self-awareness, self-esteem, and strong relationship skills. This photocopiable resource will be an invaluable tool for teachers, youth workers, counsellors, youth offending teams, behavioural specialists and all those working with girls aged 11–16.

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