

Don t Look, Don t Touch, Don t Eat: The Science Behind Revulsion (Hardback)



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Reviews

This ebook is very gripping and fascinating. Sure, it is engage in, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.
(Ms. Ora Buckridge)

DON T LOOK, DON T TOUCH, DON T EAT: THE SCIENCE BEHIND REVULSION (HARDBACK)



The University of Chicago Press, United States, 2013. Hardback. Condition: New. Language: English . Brand New Book. Every flu season, sneezing, coughing, and graphic throat-clearing become the day-to-day background noise in every workplace. And coworkers tend to move as far--and as quickly--away from the source of these bodily eruptions as possible. Instinctively, humans recoil from objects that they view as dirty and even struggle to overcome feelings of discomfort once the offending item has been cleaned. These reactions are universal, and although there are cultural and individual variations, by and large we are all disgusted by the same things. In *Don t Look, Don t Touch, Don t Eat*, Valerie Curtis builds a strong case for disgust as a shadow emotion --less familiar than love or sadness, it nevertheless affects our day-to-day lives. In disgust, biological and sociocultural factors meet in dynamic ways to shape human and animal behavior. Curtis traces the evolutionary role of disgust in disease prevention and hygiene, but also shows that it is much more than a biological mechanism. Human social norms, from good manners to moral behavior, are deeply rooted in our sense of disgust. The disgust reaction informs both our political opinions and our darkest tendencies, such as misogyny and racism. Through a deeper understanding of disgust, Curtis argues, we can take this ubiquitous human emotion and direct it towards useful ends, from combating prejudice to reducing disease in the poorest parts of the world by raising standards of hygiene. *Don t Look, Don t Touch, Don t Eat* reveals disgust to be a vital part of what it means to be human and explores how this deep-seated response can be harnessed to improve the world.



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